

Go Deep  
Am I...  
“Am I in Love?”  
May 15th, 2016

Google the words... “Am I in love?”

### 1. Am I in Love?

*Why do you think this one Google’s most commonly asked “Am I...” questions?  
Can you recall the first time you were in love? Your first kiss?  
Looking back, were you really ‘in love?’ How would you describe your feelings?  
Have you ever done something crazy for love?*

Look up the effects of love on the brain... What are some chemicals involved and what do they do to you?

### 2. What is Love?

*How would you describe love?  
Answer the question... “I love \_\_\_\_\_.”  
Are there different types of love? What are they?*

Read 1 John 4:7-12

*What does this passage do to your understanding of God?  
How does this view of God compare to how you’ve understood God in the past?  
If this passage is true, then is it possible that anyone’s act of selfless is an expression of God?*

### 3. Is love in me?

Read John 15:9-12; 1 John 4:13-16

*What does it mean to abide in God?*

This is the response of Malala Yousafzai, who was shot in the face by the Taliban for educating young women. “I do not even hate the Talib who shot me. Even if there is a gun in my hand and he stands in front of me. I would not shoot him. This is the compassion that I have learnt from Muhammad-the prophet of mercy, Jesus christ and Lord Buddha. This is the legacy of change that I have inherited from Martin Luther King, Nelson Mandela and Muhammad Ali Jinnah. This is the philosophy of non-violence that I have learnt from Gandhi Jee, Bacha Khan and Mother Teresa. And this is the forgiveness that I have learnt from my mother and father. This is what my soul is telling me, be peaceful and love everyone.

*Do you think you are capable of loving and forgiving an enemy like that? What about an enemy who killed your family, like the Hutus and Tutsis from the Rwandan genocide who have found reconciliation? Is it possible that is why we need God (love) to live in us, because I can’t love like that on my own?*

Read Romans 12:9-21

Read 1 Corinthians 13:4-8

*What your relationships with others look like if they had these characteristics?*

Read Colossians 1:15

*How do we know what God looks like?*

*If Jesus is the image of God, and God is love, then what does that tell us about the person of Jesus?*

*If we take seriously John’s claim that God is love and anyone who loves is born of God, then is it possible that every act of selfless love is God acting in the world?*

*If we experience God through love, how does this affect how you currently experience God?*