

What was your parent's favorite music?

Read 2 Peter 1:5-7. Focus on the word "goodness." The Greek word, *arete*, means "the best." We get our word "aristocrat" from it. Groups are always rating "The Best" this or that. Your turn.

The best restaurant in Springfield? The best basketball player ever? The best movie this year? Ever? The best person ever - not counting Jesus.

Peter is challenging us to be the best. Being the best is an inside job. It's about character.

Read Matthew 23:25-28. Most Bible versions start the passage with the word "Woe." That's not a word we hear too often today!

What does that word mean? What is Jesus communicating with his metaphors?

In his book, <u>7 Habits for Highly Effective People</u>, Stephen Covey talks about "paradigm shifts." Here's a dictionary definition of paradigm shift: "an important change that happens when the usual way of thinking about or doing something is replaced by a new and different way."

What are some examples of paradigm shifts?

Have you had a paradigm shift? Something that caused you to see something, think about something differently? Care to share it?

Do we need a paradigm shift in how we think about the importance of character? Stephen Covey proposes that character has taken a back seat in our values? Has the role of character been diminished in our culture?

To be a person of character we need to embrace responsibility defined as:

Response - ability: I have the ability to choose how to respond to life, to circumstances, to people.

Some people are proactive and some are reactive.

A reactive person will say, "He makes me so mad."

A proactive person will say, "I choose to respond in anger." Which person are you most of the time? How can we be more proactive and less reactive?

Read Galatians 6:1-5.

What is the difference between Galatians 6:2 and 6:5? Try to get into Paul's head. What is he trying to communicate?

Pay attention to your words this week. How many times do you use reactive words like "If only..." "You make me..." "Why can't they..."