

How are you celebrating Mother's Day this year? Is "celebrating," for you, a fitting word or not?

What do you think of this title of a Ted Talk: In Uncertain Times Think Like a Mother?

How does a mother help us in uncertain times?

There are two key words from Sunday's Teaching: Courage and Comfort.

## Read Isaiah 66:11-13.

What words or concepts of "comfort" do you read here?

Read Genesis 17:1. "God Almighty" can also be translated "God of Breasts."

How do you react to God having female characteristics?

What does this translation tell us about God's comfort in uncertain times?

Several studies show that men can be as effective in showing comfort to children as women. It has to do with the hormone oxytocin - the love hormone. Oxytocin in a parent is not related to gender but to time spent with children.

Who, in your family, gave you the most comfort during hard times?

## Read Luke 13:31-34.

What images do you see of a courageous mom?

Julie Ward Howe is the mother of Mother's Day. She released a Mother's Day Proclamation on June 2, 1872 calling on mothers to take a stand against war and for peace.

What song do you associate with Julie Ward Howe? How does such a proclamation change your view of Mother's Day?

"Comfort" in Isaiah 66:13 means to "breathe strongly." Life can knock the breath out of us. What has knocked the breath out of you? How does comfort help you breathe? How can you help others breathe?