

80's Retro Movie Wisdom The Breakfast Club

6.24.18

What groups were you a part of in high school? Who did you sit with at lunch? Athletes, popular kids, smart kids, 'geeks'? Did you feel like you belonged? What groups are you a part of today?

In 1980 around 20% of people reported they felt lonely. A 2018 Cigna study found that 56% of people feel that no one knows them well.

Quote by Brian from the movie: "Like, when I step outside myself kinda, and when I, when I look in at myself, you know? And I see me and I don't like what I see, I really don't."

What pressures were put on you by family, friends, society to fit in?

Read Mark 14:3

• What does it say about God that Jesus would share a meal with the person on the lowest rung of society? What does this say about who we should share life with?

Read Luke 7:11-17, John 11:32-44, Isaiah 53:3

I've always had an image of God that is all-powerful and "perfect"...show no vulnerability. What do these passages say about God's nature and vulnerability?

- What would our society look like if men were encouraged to share emotion rather than hide it?
- What does vulnerability look like to YOU?

Ideas:

Sharing your art or opinions with others.

Telling your spouse/partner your fears and affections.

Going to the swimming pool or gym in public. (me!)

Calling a friend whose family member died.

Starting a new job or losing a job.

"Belonging starts with self-acceptance. Your level of belonging, in fact, can never be greater than your level of self-acceptance...we hustle for the worthiness we already possess." - Dr. Brene Brown Do you agree or disagree?

Read Matthew 5:3-5 and Romans 8:1

To what kinds of people does God's Kingdom belong? Does this differ from society's views of success?

Is it possible you already belong to the table of Jesus just by being your true self in Christ? How can we help others see they already belong?