

Take some time this week to pray and meditate over these words:

So, we **STAND WITH**, on the side of, the oppressed. How can we not?

We **SPEAK OUT** against injustices. It's not just about George Floyd. It's about a long history of racism that continues today and is seen in everyday experiences of discrimination – in our criminal justice system, in health care, in services and education our children receive.

We practice **SILENCE** so we can listen to those who have for too long, been silenced. We commit to listen to their stories with compassion. We will not deflect or defend the pain they have experienced. We will open our hearts and minds and allow ourselves to understand their stories and the story of their community that has been harmed.

We **SEE** the church's history in regard to racism and it's not pretty. We are complicit in creating a system that deprioritizes the experience and existence of people of color. So...

We will work to **SET UP** new systems of peace, justice, and equality. Jesus calls the system, "the kingdom of God."

We desire to **SHOW LOVE** in all we do.